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MEDIA RELEASE:

King's Lynn Festival 2022 Exhibition: The Nereids in association with The Lettering Arts Trust

- **The Nereids exhibition presents depictions in carved stone, wood, etchings and inscriptions, of some of the mythical Nereids**
- **The Greek Mind – a talk with historian Charles Freeman on The Greek Mind on Monday 18 July**
- **Family Day - a chance for all ages to enjoy activities related to The Nereids exhibition on Saturday 30 July**

King's Lynn Festival has a long tradition in presenting a diverse range of visual arts during the annual Festival and in 2022 is working in partnership with The Lettering Arts Trust to present The Nereids. The exhibition opens from **Saturday 16 – Sunday 31 July**, 11am-4pm at **The Fermoy Gallery**. Admission is **free**.

The Nereids were revered by the citizens of Ancient Greece and Rome as the benign goddesses of the sea's rich bounty and protectors of sailors and fishermen. Numbering around 50, the names given to the Nereids would represent a personification of a particular attribute of the sea.

In this exhibition individual depictions of the mythical Nereids created by artists represented by the Lettering Arts Trust, will be displayed. The Lettering Arts Trust aims to sustain the craft of hand letter carving on stone by raising awareness for this precious and now endangered skill through exhibitions, talks and workshops.

There are also a whole host of events that take inspiration from the exhibition. On **Monday 18 July, Charles Freeman**, an English historian will give a fascinating talk he'll discuss how **Greek knowledge** has been transmitted through the ages and impacted our culture. The talk takes place at Ferry Lane Social Club at 3pm, and attendees are invited to take a short walk to the Fermoy Gallery after the event to enjoy a complimentary drink and private view of the exhibition. Tickets cost £10 and are available at www.kingslynnfestival.org.uk or from the box office on 01553 764864.

On **Saturday 30th July** there will be a **Family Day** of art workshops, free storytelling sessions and activities at the Fermoy Gallery. **Free storytelling sessions** are sure to keep the little ones entertained with artist and storyteller Jim Kavanagh and True's Yard curator Lindsey Bavin, bringing alive Greek myths and legends. There is also an opportunity to design, make and take home your very own badge plus there will also be a trail and activity pack available.

Alongside the Family Day local stone carver and artist **Louise Tiplady** leads a **family lino cutting workshop 'Lino, Legends & Letters'**. Using The Nereids exhibition and Greek myths as inspiration Louise will teach participants how to design, cut and print their own Lino works to take home. Taking place in the rehearsal rooms at KLODS, next to the Fermoy Gallery on Saturday 30th July, Louise will lead 2 separate family workshops. No experience needed, and all materials provided for. Booking is essential via 01553 764864 (combined adult and child tickets are £10, with extra children ticketed at £4)

Full details of all Festival events can be found at www.kingslynnfestival.org.uk

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For further information, photos and interview requests contact Claire Bowdler, King's Lynn Festival Marketing Manager – claire@kingslynnfestival.org.uk / 07801 538053