



## **PRESS RELEASE**

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### **EMILY PENN SHARES HER THOUGHTS ON NAVIGATING OUR WAY TOWARDS A PLASTIC FREE OCEAN**

As part of King's Lynn Festival's Autumn series, architect turned ocean advocate and skipper Emily Penn gives an illustrated talk on her thoughts on navigating our way towards a plastic free ocean, in a **Royal Geographical Society with IBG lecture at St George's Guildhall on Thursday 24 November at 7.30pm.**

Audiences will be taken on a journey - from Emily's first trip on the high seas discovering the issue of plastic pollution, to living on low lying islands dealing with unexpected challenges and then going on to set up eXXpedition. She will share the ups and downs of following her gut to explore and understand these global issues while driving awareness and inspiring action to solve them.

As much at home in and on the water as she is on dry land, Emily's ability to develop and communicate solutions for challenges facing today's society has been sharpened by a diverse portfolio of unique experiences.

She has organised the largest ever community-led waste clean-up from a tiny Tongan island, trawled for micro plastics on a voyage through the Arctic Northwest Passage, rounded the planet on the record-breaking bio-fuelled boat Earthrace, and worked on a sailing cargo ship trading western supplies for coconuts. Emily splits her time between running eXXpedition - a series of all female voyages which focus on the relationship between plastics and toxics and female health.

*"Ultimately I've been on a mission to make the unseen, seen. Ocean plastic for a long time was 'out of sight, out of mind'. I realised how powerful my own first-hand experience witnessing the impact of plastic pollution had been in motivating me to tackle it and I wanted to share that opportunity with as many people as possible so they could become changemakers back on land."* Emily Penn

Tickets for the performance at St George's Guildhall on Thursday 24 November, 7.30pm cost **£14 (under 25's 50% off, RGS members £12)** and are available via [www.kingslynnfestival.org.uk](http://www.kingslynnfestival.org.uk) or via the **Corn Exchange box office on 01553 764864.**

King's Lynn Festivals autumn series of events includes talks, film and the ever-popular Coffee Concerts. For full details visit [www.kingslynnfestival.org.uk](http://www.kingslynnfestival.org.uk)

**ENDS**

**Notes to editors**

For interviews and more information please contact Claire Bowdler, Marketing Manager – [claire@kingslynnfestival.org.uk](mailto:claire@kingslynnfestival.org.uk) / 07801 538053

### **About**

King's Lynn Festival was founded in 1951 and continues to provide high-quality performances of classical music, recitals, choral performances, jazz, folk, talks, walks, exhibitions and films. The Festival features internationally renowned performers and uses beautiful historic venues around the town, including England's largest surviving Medieval Guildhall. The Festival's ongoing success has helped establish King's Lynn as a Festival Town, and is especially known for bringing new compositions to audiences as part of its broad programme of music and arts.