



PRESS RELEASE

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Make Friday the 13th a day to remember with King's Lynn Festival

Make your Friday the 13th a day to remember – for all the right reasons with King's Lynn Festival's double bill at St George's Guildhall.

The amazing escape of Rudolf Nureyev to the West at the height of the Cold War is told in the film *The White Crow* (12A) which will be screened at 2.30pm. Directed by Ralph Fiennes, the film is shown in association with King's Lynn Community Cinema Club.

The theme of fantastic journeys continues in the evening when the first woman to ski alone across Antarctica comes to West Norfolk.

British explorer Felicity Aston MBE will bring alive her incredible journey across the ice of the Arctic Ocean with a team of ten novices from Europe and the Middle East.

With sub-zero temperatures, a treacherous shifting landscape and the threat from polar bears, the inspirational story tells how overcoming some of the toughest physical trials on the planet succeeded in fostering greater understanding across cultures.

Felicity talks about the challenges this involved at the Guildhall from 7.30pm. The walk she highlights included women from both Arabian and Western cultures and it challenged the stereotypes as they dealt with blizzards and temperatures of -38 C in 2018.

“My aim is to share what it feels like to be on Arctic Ocean sea ice so that the audience comes away feeling a greater connection to an environment they might not ever get the chance to experience for themselves. In addition, the story of the ten team members from across Europe and the Middle East from all sorts of backgrounds and world views will remind everyone of the importance of reaching beyond the expectation of others and asking new questions. I hope to leave everyone in the audience freshly inspired,” she said.



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Her talk is part of the regular Royal Geographical Society (with IBG) series of talks at the historic Guildhall and tickets cost £12 or £10 for under 18s and RGS/IBG members. Contact the box office on 01553 764864.

Editors Notes:

For more information visit www.kingslynnfestival.org.uk,
e-mail info@kingslynnfestival.org.uk or call the festival office on 01553-767557.